



(CEP) COACHING EDUCATION PROGRAM



(ACE) ASSOCIATION COACHING EDUCATION



(HEP) HOCKEY EDUCATION PROGRAM

For additional materials or questions please contact:

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(CEP) Coaches Education Program

Register on www.usahockey.com. Create a profile, then, register for the level course appropriate.

LEVEL REQUIREMENTS (minimum requirements)	
8 & Under (Mite)	Level 1
10 & Under (Squirt)	Level 2 (<i>Prerequisite Level 1</i>)
12 & Under (Pee Wee)	Level 3 (<i>Prerequisite Level 1 and 2</i>)
14 & Under (Bantam)	Level 3 (<i>Prerequisite Level 1 and 2</i>)
16 & Under (Midget)	Level 3 (<i>Prerequisite Level 1 and 2</i>)
18 & Under (Midget)	Level 3 (<i>Prerequisite Level 1 and 2</i>)

CEP Courses Available in District 3 this season – REGISTER EARLY AS THESE CLASSES WILL FILL QUICKLY

- Level 1** Saturday Oct. 31 @ St. Louis Park Rec. Center (~8:30am-1pm)
Saturday Dec. 5 @ Brooklyn Park Community Center (~8:30am-1pm)
- Level 2** Sunday Nov. 1 @ St. Louis Park Rec. Center (~8:30am-3pm)
Sunday Dec. 6 @ Brooklyn Park Community Center (~8:30 am-3:00 pm)
- Level 3** Sunday Nov. 22 @ Brooklyn Park Rec. Center (~8:30am-3:00pm)

WYHA Requirements:

- 1.) Copy (both front and back) of your CEP card once current for your level and place in Registrar's box at PIC. Sign the back of the card.
- 2.) Complete MN Hockey Screening & Consent Forms (background check) and put in Registrar's box at PIC.
- 3.) Both must be submitted no later than 12/15/09.
- 4.) If not submitted by 12/15 you will be removed from the D3 roster at the next verification meeting and will no longer be able to participate on the bench, or on any ice/other practice. If you are not compliant you will be removed as a coach for the WYHA program for the remainder of the season and will forfeit your volunteer hours for the season.

If you are not compliant and decide to participate anyway:

- 1.) Regardless of your coaching level (SQ/U10, PW/U12, BTM/U14), if identified as out of compliance (Tournament registration and Refs will periodically check throughout the season), you jeopardize the PW/U12 and BTM/U14 levels from participating in the State Tournaments. Whether your team is going or not, your failure to comply with the USA Hockey requirements may jeopardize another teams' ability to participate in their State Tournaments.
- 2.) You are no longer insured. WYHA/USA Hockey does not provide insurance for coaches that are not compliant. You are taking your own personal liability risk.
- 3.) All coaches on the ice with you are no longer insured either. If you are not compliant and you participate on the bench or in practice, your participation is voiding the insurance coverage of those that did take the time to get compliant.



(ACE) Association Coaching Education

Please check the www.wayzatahockey.org website, “Coaches” tab often, updates may occur.
On ice sessions require helmet & skates minimum.

CLINICS OFFERED 2009-2010. Class sizes are limited so register early. Classes are held at Plymouth Ice Center			
Date	Time	Program	Who should attend?
Monday September 21	6:45 – 7:45 pm (players) 8:15 – 10:00 pm (coaches/parents) Classroom Only	Positive Coaching Alliance Sponsored by MN Hockey / PCA	Players and Coaches U12/PW & Up
Monday October 12	6:15 – 7:30 pm Classroom	Annual Coaches/Managers Meeting Review of WYHA, distribution of materials	All travel coaches and team mangers
	7:45 – 8:45 pm On ice	“A” Coaches on ice instruction Sponsored by WYHA Player Development Committee	All U12/PW and up.
Monday October 19	5:45 – 6:30 pm Classroom	“ Organizing individual practices ” Sponsored by MN Hockey	U10/SQ and up. One coach from each team (minimum)
	6:45 – 7:45 pm On ice	“ Stick handling ”- covers basics of handling the puck through puck protection Sponsored by MN Hockey	U10/SQ and up.
	8:00 – 9:00 pm On ice	“ Advanced Skating ”- designed for coaches to meet the needs of their U12/PW, U14/BTM & older skaters Sponsored by MN Hockey	U12/PW & Up.
Thursday November 5	6:00 pm – 7:00 pm Classroom	“ Organization of two team shared practices ” Sponsored by MN Hockey	C League U10/SQ & Mite/U8 and below
	7:15 – 8:15 pm On Ice (2 sessions)	“ Skating ” –covers the basics of skating primarily for mite, squirt and C peewee players. Sponsored by MN Hockey	C League, U10/SQ & Mite/U8 and below
Sunday November 15	12:00 – 1:00 pm Group 1 (Classroom) 1:15 – 2:15 pm Group 1 (On Ice) 2:45 – 3:45 pm Group 2 (Classroom) 4:00 – 5:00 pm Group 2 (On Ice)	“ Goalie Coaching Workshop ” The clinics are designed to teach coaches how to help with the development of their goalies. Clinics includes a one-hour classroom presentation followed by a one-hour on-ice demonstration session Sponsored by MN Hockey	ALL COACHES 1 coach from each team required Attend both the classroom and the on ice session
December 6	Time TBD Group 1 (On Ice) Time TBD Group 2 (On Ice)	“ Power Skating ” Sponsored by Laura Stamm Power Skating	All Coaches

These are NOT CEP Credit Level Courses

Register by sending an eMail to path@seasonalspecialties.com

In your eMail please identify:

- 1.) Name
- 2.) Requested program to attend
- 3.) Team you are coaching this season

Additional Materials Available to WYHA Coaches

Publications

Coaches Fun Drill Book
Coaches Drill Book
Powerskating Handbook
Goalkeeping Handbook
Checking Handbook
Puck Control Handbook
Over Speed Skill Training
Fundamentals of Ice Hockey for Mites
Initiation Coaches Manual
Associate Coaches Manual

Videos

Fundamentals of Power Skating
Advanced Power Skating
Goalkeeping Part I
Goalkeeping Part II
Checking
Puck Control
Parents in Hockey
Shooting and Scoring
Training for Leg Power and Quickness
Conditioning for Youth Hockey

To request materials please send an eMail to path@seasonalspecialties.com



(HEP) Hockey Education Program

Please check the www.wayzatahockey.org website for more information.

HEP Materials available to WYHA coaches: